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Dr. P. Michael Leahy, DC, CCSP

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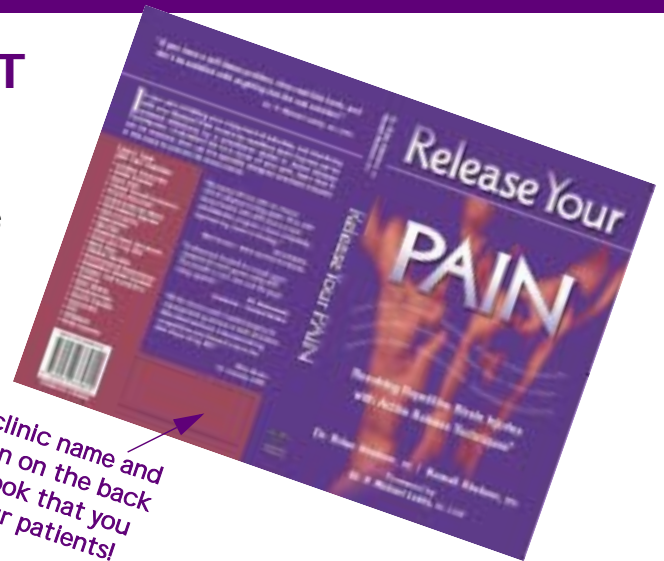
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**Title:** *Release Your Pain - Resolving Repetitive Strain Injuries with Active Release Techniques*

**Authors:** Dr. Brian J. Abelson DC,  
Kamali T. Abelson BSc

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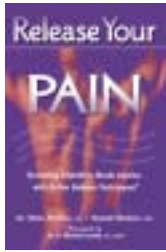
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Dr. Brian Abelson DC is an ART instructor, a highly skilled ART practitioner, who has completed advanced training in all levels of ART including the advanced ART Biomechanics and EPN certification programs.

He graduated from Palmer College of Chiropractic with an award for *Clinical Excellence* and is the clinical director of Edgemont Chiropractic Soft Tissue Management Systems. He has published numerous well-received articles in professional and popular magazines, and is the author of the award-winning websites

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